



Fall 2018

DODOMA TANZANIA HEALTH DEVELOPMENT

100,000+ Patients – and Growing



A long line outside Dodoma Christian Medical Center's (DCMC) intake area, now a daily occurrence. Many patients say they will never go anywhere else because of the medical center's quality care. DCMC is now addressing two of its biggest growing concerns: space and increased wait times.

Dodoma Christian Medical Center's (DCMC) record growth has continued unabated in 2018, with more than 100,000 patients expected to be treated, a figure even management finds astonishing. For months, patient needs have outstripped the medical center's 50-bed available capacity. Expansion weighs heavily on the minds of its Trustees and Director, Professor Charles Majinge, MD, while they focus on how to best meet the growing needs of patients and strengthen DCMC's currently stretched financials.

DCMC has received zonal facility designation, the country's highest level.

There are many signs that 2019 will be a year for big change.

- **Global partnerships with Sanford Health World Clinics and the University of Minnesota** will continue to build capacity and bring needed medical volunteers.
- **New diagnostic capabilities** will better serve patients. These include CT scan, endoscopy and echocardiography services, and pathology.
- **Electronic medical records implementation** will improve revenue efficiency and patient care systems.

Tanzania's population of 60 million is expected to grow to 200 million by 2050.

Record Number of Visitors to DCMC

In addition to several Tanzanian officials, DCMC has hosted record numbers of medical residents and global professionals exploring collaborations with the medical center.



Dr. Eckhard Alt, Director of Isar Klinikum (Germany), and Jack Nicklaus, Hall of Fame golfer, joined Sanford Health World Clinics executives at DCMC in July.



Dr. Lydia Staples, MD, MPH, one of several UMN residents and medical volunteers at DCMC in 2018.

Our mission is to ensure high-quality, compassionate, Tanzanian-led health care for the people of Central Tanzania by developing the capacity and sustainability of Dodoma Christian Medical Center.

Scholarships: Strengthening DCMC's Future

The **Ruth Safemaster Flatt Scholarship** supports medical education and training for qualified staff in exchange for their commitment to work at DCMC. The scholarship was co-founded by Dr. David Flatt, a U.S. physician who was raised in Tanzania.



Dr. David Flatt and past scholarship recipient Hadikwa Ndgala, lab technician.

Current scholarship recipients are:

- Elizabeth Kyangenyeka, Nurse management leadership course
- Dr. Jamhuri Kitange, MD, Advanced endoscopy and echocardiography trainings
- Dr. Francisco Mgama, MD, Master of Medicine in Ophthalmology
- Dr. Leonard Mlemwa, MD, Master of Medicine in Pathology

DCMC: 106 Employees and Growing



At the start of every work day, DCMC's medical team gathers for "morning report" to hear updates from the overnight shift and share important case knowledge as their busy day begins.



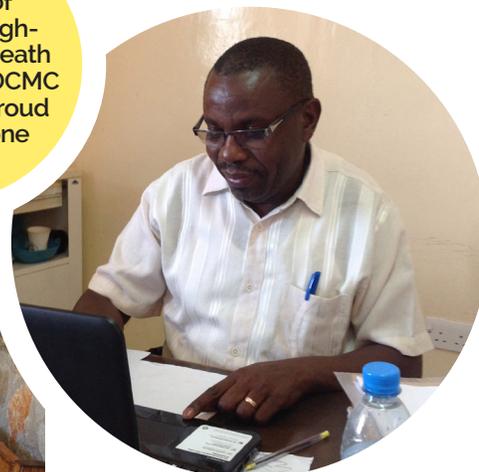
DCMC's new pediatrician, Dr. Kabibi Byabato, is one of only a few now serving the Dodoma region. Currently seeing 40-50 children/day, she is eager to establish a pediatric residency exchange to help respond to the demand. "Parents really appreciate having us here to care for their families," she says.

Averaging nearly 8,000 patients per month, adequate staffing is one of DCMC's top priorities. A number of skilled new nurses have been added to serve in the wards, while several transformational hires have been made to strengthen and broaden DCMC's specialty services and outreach.

Tanzania has some of the world's highest maternal death statistics, and DCMC is especially proud it has had none in 2018.



Nurse Matron Elizabeth Kyangenyeka (left) greets an expectant mother. Formerly at Duke University but a native of Dodoma, Elizabeth has focused on staffing needs, patient care, and improved protocols for infection control. "People know if you work here you're faithful, committed and ready to work," she says proudly.



DCMC's new Community Health Director, Dr. Cyrialis Mutabuzi, MD, MPH, will guide the planned growth of the department's health outreach programs (see p. 3) and research with the University of Minnesota School of Public Health.



At the Heart of DCMC: Health Outreach

One of the biggest differences between DCMC and other health facilities is that prevention and outreach are at its core. Bringing health education and services where they're needed most – to rural villages, to the poorest of the poor – is how DCMC expands its care.



Westwood Lutheran Church members visiting DCMC in July.

Our thanks for the generous grants helping grow this vital work...

• **Westwood Lutheran Church** – \$51,000 to expand DCMC's dental outreach to school-children and provide salary for a badly needed new dentist and two new dental assistants.



• **The Joyce M. Gouwens Fund at InFaith Foundation** – \$45,000 to support DCMC's community health outreach programs, including village health worker trainings, emergency obstetric skills training for rural health providers, hygiene and sanitation programs, and more.



Visitors touring DCMC

Join Us in Tanzania!

In July 2019, join DTHD for a non-touristy, educational trip to Tanzania, where we'll take you from Dar Es Salaam to Dodoma on a personalized 8-day itinerary. You'll be immersed in the beauty of the country and its culture, learn about the health care challenges and see firsthand how DCMC's quality, compassionate health care is saving lives.

Exact dates, costs and all trip details will be announced in January 2019.

Email today with your interest and you'll be one of the first to get all the info! dthd@dthd.org

Mission Milestone: Asante Beverages Begins Production

In a milestone moment, the first bottles of water finally rolled off the production lines at DCMC's Dodoma-based, for-profit social enterprise partner,

Asante Beverages. **The business, one of the largest in the country, has committed a minimum of 50% of its profits to support the medical center.**



"Hospitals around the world struggle to be self-sufficient, and nearly all need some sort of external source of support," expressed Bobby Griffin, Asante Beverages co-founder and partner. "Let us pray that this grand effort will be successful so DCMC can be sustainable long into the future."

Thank you, Asante Beverages!



The Asante Beverage plant, which has received accolades as the largest, most modern in East Africa.



Photo by Julia Hussian

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DODOMA TANZANIA HEALTH DEVELOPMENT

Bringing Health and Hope to Central Tanzania

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★ Message from the Executive Director

It's easy for us to say all kinds of good things about our mission, but it means a lot when we hear others share their thoughts. Here are some of the best of 2018. We're proud, and you can be, too.

– Anne Hussian, Executive Director, DTHD

"I knew for years about the vision...but to be there in person and meet so many great people driving this project was fantastic. ...They have such high standards and have developed such a good culture committed to the mission."

– Dr. Dan Blue, President,
Sanford Health World Clinics,
Sioux Falls, SD

"When I meet with government officials, they see an organized, quality facility, and the Board and Management deserve the credit for this. We're very proud."

– Professor Charles Majinge, MD,
DCMC Director

"I know I'm in the best hands at DCMC."
– DCMC patient

"One of the things [we] have been most impressed with is the model of sustainability. Oftentimes, ministries like this remain dependent on American dollars and staff. But from the beginning, DTHD has created a beautiful model committed to Tanzanian leadership and local support through related businesses. This is truly a ministry worthy of our commitment and our prayers!"

– Tania Haber, Senior Pastor,
Westwood Lutheran Church,
St. Louis Park, MN